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Edmonton has a new winter 'signature' drink

TIM QUERENGESSER/METRO



HOW TO MAKE The Sure Thing

- 1 Whiskey 1.5oz
- 2 Medium Sherry 0.5oz
- 3 Cold-brewed coffee 1oz
- 4 Stout simple syrup 0.5oz
- 5 All steeped with Earl Grey tea, topped with salted caramel foam and Jacek chocolate shaved on top

metroNEWS

Banga wins Ward 12

BYELECTION

Race drew historic high 32 candidates



Ryan
Tumilty
Metro | Edmonton

A history-making Ward 12 by-election vaulted Moe Banga into city council Monday night.

Banga, a former Edmonton Police officer, won with 2,359 votes, a resounding victory over the second closest challenger, Laura Thibert, who had 1,283 votes.

Banga was effusive in his thanks to a crowd of supporters that packed every inch of his campaign office in a small mall on 34 Avenue.

"Without your hard work, sacrifice and support I would not be standing here," he said.

"I will be a city councillor that you can be proud of," he added. "It's a duty and a responsibility I will take very seriously."

The race drew a historic high 32 candidates into the contest to replace former councillor Amarjeet Sohi, who resigned after being elected to the Liberal government in the fall.

Banga also thanked his fellow candidates for their efforts in the race.

"Voter turnout was so high, only because there were so many qualified candidates to choose from."

He said he hoped to work on crime and safety issues as a top priority.

"Being a police officer, my first priority is to make sure we are safe in and around our homes," he said. "We need to focus on the whole city and in fact the whole capital region."

Thibert said she heard a lot of similar concerns at the door during her campaign. She said she hopes Banga works with council for everyone's benefit.

"I hope they work together to make the best decisions, not only for Ward 12 but for Edmonton as a whole."

WITH FILES FROM TIM QUERENGESSER

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Tapping into tradition

MOLSON BUILDING

It's cheers all round with site ready to brew up a new storm



Alex Boyd
Metro | Edmonton

A former brewery is edging closer to brewing again as the new owners of the historic Molson building prepare for what they hope is a busy summer construction season.

Ralph Huizinga, a vice-president with First Capital Realty Inc., said they've spent just under \$2 million so far investigating the former Molson building, removing interiors and shoring up walls, and are in the process of finalizing permit applications to begin work in the coming months.

Plans for the old brewery — and current inspiration for the soon-to-be opened Brewery District — are to eventually house a new microbrewery, as well as office space above.

The building, officially known as the Edmonton Brewing and Malting Company Ltd., is one of the city's most iconic. It was built in 1913 but has sat abandoned for several years before serving as the thematic inspiration for the new big-box development.

But its own future remained up in the air until recently, when the building (and a second building nearby) received historical designation from first



The Edmonton Brewery and Malting Company Ltd as it appeared in former years, inset, and now, as a centrepiece of the Brewery District. TIM QUERENGESSER/METRO

the province and then more recently the city.

The designations came with grants, which will see the city investing \$4.1 million into the brewery over 10 years — the largest grant ever handed out by the city's Heritage Reserve Fund.

Huizinga said one of the biggest (and most expensive) challenges will be restoring the original red brick — apparently someone in the building's history once whitewashed the building and then, changing their mind, power washed it off.

"The exterior brick, unfortunately, got incredibly compromised," he said.

While the two buildings are

the only remainders of what was once a much larger brewery complex, David Johnston, principal heritage planner with the City of Edmonton, said they hold special significance.

"Several years back there were some studies undertaken on the buildings to identify the core historical pieces. Some remnants of the Molson oper-



The exterior brickwork got compromised.

Ralph Huizinga

ations were demolished and removed, and these two pieces were determined to be the most significant," he said.

The new designation means the two buildings will be safe from demolition and "inappropriate" alteration, Johnston said. Huizinga notes that even with the grants, the amount of money they're putting into the building is three times what it would have cost to knock it down and build a new one.

"We thought it was important to the community and to the city and to our project to make the additional investment, and bring it to a heritage quality."



+ YEARS OF BEER

The Brewing and Malting Company building was built in 1913, and replaced a much smaller riverside brewery in Rosedale, owned by Strathcona councilor and mayor, William Henry Sheppard, among others.

The building is one of the last examples of the work of architect Bernard Barthel, known for his castle-like buildings. His industrial buildings once dotted North America but most have since been demolished.

"The design features on the building are really quite something, when you think about how it was an industrial structure," David Johnston, principal heritage planner with the city. "Some of the stone work is really quite ornate." He said that the industrial base is what makes it worth preserving.

METRO

HEALTH REVIEW

Pledge for rapid action

The Alberta government says it will act immediately on six of 32 recommendations from a review of the province's addictions and mental health services.

The province says one of the suggestions it will address right away calls for more medical detoxification beds for adults in Lethbridge and Red Deer, and extra beds for children and youth in Calgary. The government says it will also work with First Nations, Métis and Inuit communities to develop a plan to tackle opiate addictions.

"One of the ironies of mental health care is people who are least able to navigate this system of professionals and organizations are often forced to do their own navigation," said Liberal Leader David Swann, a medical doctor who co-chaired the review committee.

"Without these supports, many face a revolving door of crisis, reactive treatment approaches and frustration."

Also to be implemented in the near future are a child and youth mental health website and a team to work with community and health partners to co-ordinate implementation.

Alberta Health Minister Sarah Hoffman said she will do her best to free up cash to move ahead with recommendations.

"We need to find ways to continue to improve and invest in mental health and addictions because we're talking about people's lives," she said.

THE CANADIAN PRESS

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WESTJET

Body parlour rules coming soon

SAFETY

Council looks to change bylaws, help workers



Ryan Tumilty
Metro | Edmonton

Edmonton's moratorium on new body rub parlours will end April 1, after council moved ahead Monday with plans for new regulations for the industry.

At the community services committee Monday, councillors supported both proposed changes to the city's bylaw and plans to spend \$313,000 on more education, an additional enforcement officer and a social worker to support parlour workers and owners.

The bylaw changes include tighter security requirements and clarifying the rules to have multiple workers on site all the time.

Those changes still need approval at a future council meeting, but Coun. Michael Walters said the city has found the best



Council placed a moratorium on new body rub parlours for more than a year, but that ends April 1. METRO FILE

way to handle the parlours after working on the issue for more than a year.

"I think that is the best we can hope for in something that is as complex as this," he said.

Parlour owner and worker

Miranda Loyk pleaded with council not to extend the moratorium, which it imposed in the summer of 2013 while a task force reviewed the industry.

Loyk said the moratorium was limiting her business.

"The moratorium is stopping me currently from relocating," she said. "It's giving the landlords a chance to put up our rents."

Loyk also said she supports increased enforcement and

regulation to ensure that women in the industry are treated well, but she said she chose the business.

"I could be a welding inspector, but I still came back because this is home to me."



We would like to see (women) move from coping to hoping.

Kate Quinn

Susan Holtby, who has spoken out against the city's system before, said the city should stop regulating and sanctioning body rub parlours, in light of changes to the Criminal Code last year, that clearly criminalized the purchase of sex.

"I want a plan to be able to comply with our federal government's law," she said.

Holtby argued lifting the moratorium — even with tougher rules — would only expand the sex trade.

Kate Quinn, executive director of the Centre to End all Sexual Exploitation, said the city should slowly move towards a future without the parlours.

"If we shut down everything tomorrow we would precipitate a crisis," she said. "We would like to see more people, especially women move from coping to hoping."

RIDE-SHARING

Uber snubs Calgary, new bylaw



Helen Pike
Metro | Calgary

Ride-shares will be able to operate legally in Calgary come April 4, but the industry's biggest player says they won't be here to take on fares.

On Monday, Calgary's council debated changes to the city's livery bylaw that would see a hybrid open-and-closed system where both taxis and vehicles for hire would operate.

The bylaw, similar to Edmonton's (aside from tweaks to background checks, maintenance inspections and a proposed fee structure) was passed with a major amendment that would see drivers get mechanical inspections once a year.

As rosy as the rules seem, they received a thorny response from industry heavyweight, Uber. After the city's bylaw was passed the ride-share giant announced they wouldn't be setting up shop in Calgary.

Ramit Kar, general manager for Uber Alberta, said the process was rushed and tries to fit ride-sharing into a taxi model.

Mayor Naheed Nenshi said Uber is crying wolf.



A select few are invited to the \$1,000 event. THE CANADIAN PRESS

FUNDRAISING

NDP 'hush-hush' event controversial

Alberta's governing New Democrats are going ahead with a pricey private event with the premier, pitched discreetly to select people.

Cheryl Oates, spokeswoman for Premier Rachel Notley, confirmed Monday that the one-hour availability with the premier ahead of a general fundraiser this week was cleared by the ethics commissioner.

Oates declined to give details and said further comment would have to come from NDP party boss Chris O'Halloran.

The general fundraiser Tuesday is being held at the Art Gallery of Alberta in downtown Edmonton. It was promoted on the party's website as offering people a chance to mingle with the premier and

NDP members of the legislature at a cost of \$250 a ticket.

An event costing \$1,000 a ticket is giving people access to the premier and the same MLAs for an hour before the main fundraiser, but in a separate room of the art gallery. Anyone buying the pricier ticket automatically gains entrance to the \$250 event. It was not widely advertised.

Oates said ethics commissioner Marguerite Trussler confirmed both fundraising events do not violate Alberta's Conflicts of Interest Act.

Jason Nixon, democratic accountability critic for the Opposition Wildrose, said a lot of questions remain unanswered.

"Why has this whole thing been hush-hush?" Nixon asked Monday. THE CANADIAN PRESS

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Artist's conception of splash park and wading pool. SUPPLIED

Splash park may be nixed

HAWRELAK

Cost of project rises to \$5.1 M from original \$3.3 M estimate



Councillors will soon decide if spending \$1.8 million more is a bridge too far for a water feature in Hawrelak Park — but the Heritage Festival already wants the idea shelved.

The proposed splash park and wading pool was originally budgeted at \$3.3 million, but after completing design work the price tag rose to \$5.1 million.

Administration is encouraging council to approve the increase, but Jim Gibbon, executive director of the Heritage Festival Association — which uses Hawrelak — encouraged council to kill the idea.

Gibbon said putting the fa-

cility in the middle of the site would divide the festival and make it hard to get around.

"It really splits the park in half," he said. "It just doesn't work for us."

Gibbon added pathways are crowded at the festival.

"This is not about us being grumpy. This is us being worried about safety on the site."

Coun. Bev Esslinger said she's willing to support spending additional money because families and young children will use the site.

"Many of our neighbourhoods have lost their wading pools and gone to spray parks," she said, adding she understands the Heritage Festival's concerns, but doesn't want to give up on a potentially popular amenity, for three days of summer.

Coun. Scott McKeen echoed that sentiment and said there is no reason both things can't be accommodated.

"I think there is still ways to get people through their in an orderly way."

Council will discuss the issue next Tuesday.

IN BRIEF

Area code 825 coming

Alberta will soon have another area code.

The Western Telecommunications Alliance says starting April 9, the area code 825 will become available when people apply for new service across the province.

The alliance says there has been a dramatic increase in demand for communications services and technologies.

The new code will be introduced gradually in areas when the supply of numbers in the existing 780, 403 and 587 codes run out. THE CANADIAN PRESS

INTERNATIONAL REPORT

Canada's oil production may hit standstill

Growth in Canadian oil production could slow down or come to a "complete standstill" once projects now under construction are built, the International Energy Agency warns.

The Paris-based organization released a report Monday examining global oil production forecasts over the next five years.

By 2021, Canadian oil output is expected to average 5.2 million barrels a day, which would represent an increase of 800,000 barrels a day, the report said. But

a number of factors are prompting energy companies to reconsider expansion of production, the IEA said.

"Heightened environmental concerns, a lack of pipeline access to new markets and the unknown impact of the victory by the New Democratic Party in Alberta's elections last year are causing companies to slow development," the IEA said.

"As such, we are likely to see continued capacity increases (in) the near term, with growth

slowing considerably, if not coming to a complete standstill, after the projects under construction are completed."

Since mid-2014, crude prices have plunged by 70 per cent. On Monday, oil was trading above \$33 US a barrel.

The IEA said a number of new developments in Canada recently commissioned or nearing completion will drive growth over the next five years, including the Kearl expansion project in Alberta,

which was completed in June 2015, and the Hebron offshore oil site off Newfoundland set to begin production in 2018.

THE CANADIAN PRESS

Capacity increases in the near term, with growth slowing considerably.
IEA report's projections

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IT TAKES A COMMUNITY TO SAVE A LIFE

ROSEANN GOUCHEE

While en route to a cardiologist appointment, Roseann Gouchee and husband Gerry were merging onto a highway when their vehicle was broadsided. Gerry was thrown from the vehicle and Roseann was trapped. While first responders worked to free her, time ticked down. STARS landed on the highway and whisked her to hospital.

Tragically, Gerry passed away at the scene, while Roseann spent four months in hospital recovering. "I feel strongly I would not be alive if not for STARS picking me up. I'm so grateful."

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Developer delays condo construction

HOUSING

Luxury project behind schedule, says company



Sanam Islam
Metro | Edmonton

A luxury condo project in Edmonton has been delayed almost a year-and-a-half — but it's not because of economic woes, says the developer behind it.

"We did not choose to delay it, but it's been delayed ... the reason is, we underestimated the amount of time it would take to get development plan approval for the City of Edmonton," said Brad Lamb, dubbed Toronto's "condo king."

"It has nothing to do with Alberta's economic circumstances. We are not unhappy or dissatisfied with any element of being in Edmonton," he said.

Lamb's comments come after recent reports that Lamb Development Corp. had intentionally delayed construction of Jasper House and another Edmonton condo project, North, because of declining condo sales.

The 36-storey Jasper House got rezoning approval last summer, and Lamb said he's still waiting on the development plan approval.

In addition to underestimating the time involved, he said it was partially due to the fact that his company may have been slower than normal to respond to the city's questions about the project.

"Big construction projects such as these just don't get completed on time. We're not alone in this. This is a part of the industry," Lamb said.

The 40-storey North condo project, which has no construction start date, is currently in the rezoning process. It will be built after Jasper House is completed.

Lamb said he expects construction on Jasper House will begin in early 2017.



The construction of **Jasper House**, a new luxury condo in downtown Edmonton, will now begin in early 2017. SUPPLIED

DRINK CULTURE

Signature winter beverage selected



Tim Querengesser
Metro | Edmonton

A panel of lucky, thirsty judges crowned the "Sure Thing" as Edmonton's official winter drink Monday, celebrating it for its boozy mix of, well, every drink you're likely to ever have in the city.

Creator Chuck Eaves, who tends bar at the Alberta Hotel, said he decided to combine all of Edmonton's favourite drinks in one.

As in nearly every last one of them.

"I just wanted to kind of like celebrate and pay homage to all the different drink cultures in Edmonton — beer, coffee, wine, tea and whiskey in one drink," Eaves said.

Indeed, the Sure Thing (see recipe on the front page) combines all those flavours.

But Eaves was judicious with them. Rather than creating a concoction of chaos he's assembled a balance of tones and qualities.

"Obviously I didn't just pour some wine and coffee and beer into one thing. I pulled out the flavours and utilized them in different ways," Eaves said.

So taken was local writer and good-taste lover Omar Moualem with the Sure Thing that he tweeted it may have been the best hot drink he'd ever imbibed.

"Like a boozy Score bar," he wrote.

This is the fourth year that the city has been toasting our signature season with a special drink, and would-be champions have been mixing and mulling since mid-January.

The public was able to vote on the 14 alcoholic and nine non-alcoholic entries online, and the top six in each category advanced to the finals on Monday.



I just wanted to kind of like celebrate and pay homage to all the different drink cultures in Edmonton. Chuck Eaves

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Ashley Hill says she's not happy about paying a \$100 premium per month to have her cats, Meow and Goblin, live with her.
TIM QUERENGESSER/METRO

Pet owners angered by monthly fees

RENTING

Downtown dwellers don't agree with animal charges



Sanam Islam
Metro | Edmonton

When Douglas Dollars inquired about rental rates for a new apartment building a few months ago, he was taken aback.

The Oliver Residences said it would be charging tenants, like him, with a cat or dog an additional \$200 — each month, in rent.

"The ongoing cost for cats is nuts," Dollars said. "I can't imagine too many people that would see it as a smart move to pay an ongoing fee rather than a one-time deposit."

In Alberta it's legal for landlords to charge pet fees, whether it's a one-time security deposit or as an ongoing monthly charge, as long as they are considered "reasonable."

"What may be reasonable in one case may not be in another case. But charging a fee is an exception, not the rule," said Roberto Noce, a

real estate lawyer with Miller Thomson.

A month ago, Oliver Residences lowered its monthly pet fee from \$200 to \$135, after determining it was too high in the current economy, said Tim Taylor, a broker for the building.

"A lot of developers will not allow pets in a brand new building. The concern is that the building might get beat up by cats and dogs peeing or through wear and tear," he said.

The additional funds provide a way for the developer to protect its investment in case there is damage, he said.

"Rather than saying we won't allow pets in the building, we're allowing people to make the decision."

The ongoing cost for cats is nuts.

Douglas Dollars

But pet owner Ashley Hill, who works and lives on Jasper Ave. said she didn't have much choice when it came to paying pet fees.

"It's hard to find a nice downtown apartment with pets allowed. Most don't allow pets, or if they do it's one cat, and I have two. The ones that were allowing it, like mine, were charging a monthly fee," said Hill, who paid a \$100 non-refundable deposit and pays \$50 per month per cat.

POLITICS

Notley's expected byelection call criticized

Alberta's opposition parties say Premier Rachel Notley needs to show more respect for the democratic process when it comes to calling a byelection for Calgary-Greenway.

Notley is expected to announce Tuesday a byelection that would send voters in that constituency to the polls March 22.

The NDP named its candidate on the weekend and opposition parties are set to nominate

theirs over the next two weeks.

Jeremy Nixon, executive director for the Wildrose party, confirmed the party will move their nomination up from March 5 to this Friday, although logistics have not been finalized.

The byelection is to elect a member of the legislature to replace Progressive Conservative Manmeet Bhullar, who was killed in a car crash last November. Jason Nixon, the

Wildrose critic on democracy and accountability, said Notley is offside with the byelection call.

"Let's be clear. The opposition parties avoided rushing into our nomination process this time out of respect for our colleague Manmeet Bhullar's family," said Jason Nixon.

"For the premier to play gotcha games with this particular byelection is beneath her."

He said it is particularly

disrespectful toward the PCs, given the death of one of their members.

The Progressive Conservatives are set to nominate their candidate on Saturday. Troy Wason, the PC party's executive director, said the Calgary-Greenway board is to decide if it will stick with that date.

Wason agreed with Nixon.

"I think they (the NDs) may have jumped the gun," said Wason. THE CANADIAN PRESS



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Canadians barred from Jeopardy!

TELEVISION

Popular game show blames changes to privacy laws

Jeopardy! host Alex Trebek, a famous Canadian, apparently won't be seeing many of his countrymen on the popular game show for the foreseeable future.

The show says Canadians were precluded from taking last month's online test — which is a pipeline for Jeopardy! contestants — because of a change in Canada's online privacy laws. Producers said Monday they were working to clear up the issue for future tests.

Canadians have traditionally been included in the American version of Jeopardy!, which airs in both countries.

"We have had many Canadians as contestants throughout the

history of the show, and we hope that will continue, because Canadians make great game show contestants," Trebek, a native of Sudbury, Ont., said in a statement.

Jeopardy! producers said in a statement that "ever-changing and complex" international laws governing the sharing of information over the Internet precluded the Canadians' participation.

That left unclear exactly how the test runs afoul of Canadian laws. Michael Geist, a University of Ottawa expert in online privacy, told the National Post that anti-spam legislation was the only major legal change in this area recently, and there was nothing in that law that would prevent Canadians from taking an online test no matter where it originates.

Canadian contestants are still appearing in this season's shows because they are drawn from the results of a test given a year ago.

THE ASSOCIATED PRESS



Software developer Ken Jennings, right, poses for a photo with Jeopardy! host Alex Trebek on the set of the show in 2004 in Culver City, Calif. SONY PICTURES TELEVISION/THE ASSOCIATED PRESS

SASKATCHEWAN

Teachers back after La Loche shooting

Teachers have returned to a Saskatchewan school that was the site of a deadly shooting, but the front entrance to the building remains boarded up.

Provincial Education Minister Don Morgan says the doors through which a shooter entered La Loche high school Jan. 22 is sealed off and a different entrance will be used for returning students.

Morgan says repairs have been made and parts of the school will be used by counsellors to help students cope as they gradually resume classes.

"The counsellors that they're using have suggested not to have

+ SUSPECT

A 17-year-old youth charged with first-degree murder and attempted murder appeared in court in Meadow Lake, Sask., on Monday afternoon.

a specific date or a specific time and saying, "This is it. Ring the bell and classes start," Morgan said in an interview Monday.

"They're saying bring the people in gradually, both the staff and the students."

THE CANADIAN PRESS



RCMP stand outside the La Loche Community School in La Loche, Sask., Jan. 25. The doors of the high school that was the site of a fatal shooting are reopening.

JONATHAN HAYWARD/THE CANADIAN PRESS

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Larger deficits than projected: Federals

BUDGET

Shortfall likely to exceed \$20B in wake of big-ticket promises

The federal government is projecting a deficit of at least \$18.4 billion next year, a shortfall nearly five times the projections from just three months ago and well past the \$10-billion limit promised by the Liberals.

When the government unveils its maiden budget on March 22, the deficit could well exceed \$20 billion once a number of big-ticket Liberal campaign promises — including infrastructure spending — are factored in.

Finance Minister Bill Morneau staged a campaign-style town-hall event Monday to deliver the bad news and reassure Canadians who might be reconsidering their ballot-box choice last October.

"Given the economic situation in which we find ourselves today, Canadians made the

right choice" by voting Liberal, Morneau said.

The federal Finance Department is also predicting a \$15.5-billion deficit in 2017-18 — more than six times its estimate last fall of \$2.4 billion.

The Liberals are banking on some of their spending vows to help revive economic growth and create jobs in Canada's struggling economy.

The calculations are based on an average projected oil price of \$40 for 2016, down from \$54 in the government's fall update,

and projected growth of 1.4 per cent, down from two per cent in the fall.

Finance says the fiscal projections are about \$2 billion lower per year because recent developments have been accounted for, including the Liberals' changes to the income-tax brackets and Canada's operations in the Middle East.

Ottawa also adjusted its deficit forecast for 2015-16 — a shortfall is now projected to be \$2.3 billion rather than the previous estimate of \$3 billion. THE CANADIAN PRESS

I know the cries will get louder over the next few weeks, but I won't have budget 2016 simply become a knee-jerk reaction to recent economic shifts.



Bill Morneau
THE CANADIAN PRESS FILE

metro EXCLUSIVE

Ottawa's Peace Tower policy sparks colourful conundrum



Haley Ritchie
Metro | Ottawa

How's this for a colourful conundrum?

The federal government has been inundated with requests from charities and causes to light up the Peace Tower on Parliament Hill — so many, in fact, that the department responsible for illuminating

the historic building is at a bit of a loss for how to handle them all.

So now Canadian Heritage is scrambling to come up with an official strategy to deal with all the requests, according to documents obtained by Metro under the Access to Information Act.

Last year, the Peace Tower was lit up in pink lights to mark the birth of Princess Charlotte — just as it had been

lit up in blue for the birth of her older brother, Prince George, in 2013. The tower has also been lit to support a number of causes, including breast cancer awareness, International Girls Day and World Autism Day.

However, the memo does caution that the Peace Tower "must not be used as a commercial promotional tool, as per the rules established for the use of Parliament Hill."



Sydney radio host Rob Calabrese has launched a website titled 'Cape Breton if Donald Trump Wins,' which has created a surge of interest in the island's real estate. CONTRIBUTED

TRUMP FACTOR

Cape Breton real estate sees burst in American inquiries



Yvette d'Entremont
Metro | Halifax

A website encouraging Americans concerned about Donald Trump's rise in the Republican party to move to Cape Breton has created a surge of interest in the island's real estate.

On Feb. 15 Sydney radio host Rob Calabrese launched a website titled 'Cape Breton if Donald Trump Wins.'

Calabrese told Metro last week that he initially launched the site as a joke. He had been following the American election closely, including the debates and Trump's controversial stances on banning Muslims from the country and building a wall on the Mexican border.

His website struck a chord. Calabrese has since received national and international media attention. His website has so far garnered more than 200,000 visitors, and he has received assistance from Destina-

tion Cape Breton to deal with thousands of inquiries from Americans.

Canadian real estate listings website Point2Homes has also experienced a surge in traffic from Americans seriously considering a move to Cape Breton.

"Data collected from our website shows that despite some considering the story a joke, many Americans took it quite seriously," Point2Homes spokesperson Roxana Baiceanu said in an email to Metro.

"We're seeing almost 40,000 daily visits on average on the Cape Breton listing pages, all coming from the U.S. In addition, more than 200 emails have been sent to agents or friends."

Baiceanu wrote on her real estate blog that Cape Breton real estate searches via Point2Homes have jumped by 3,450 per cent since they shared Calabrese's story last week.



Donald Trump
GETTY IMAGES

Last Friday, the number of visits to that website's Cape Breton listings pages spiked to more than 50,000.

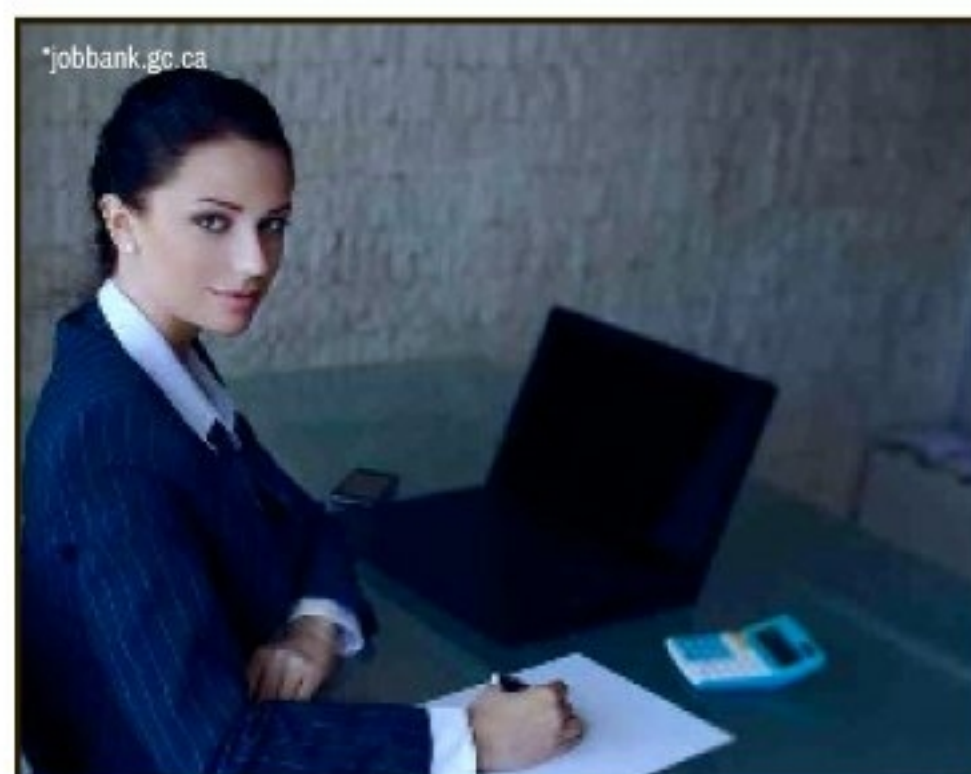
"Not only that, but at least two dozen potential home buyers have sent emails to agents, showing their

interest in houses on the island," she wrote on her blog.

Although Calabrese had initially tried to personally respond to all the questions posed by Americans checking out his website, he has since posted a 'Frequently Asked Questions' section.

"I am humbled. I am just a regular guy who started this as a way to get people to see what we have here on Cape Breton Island, and I am so happy, that so many of you have come to learn more," Calabrese wrote on the site's homepage.

"But the truth is, we welcome all, no matter who you support, be it Democrat, Republican or Donald Trump."



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ITHACA, N.Y.

Small city seeks safe drug site

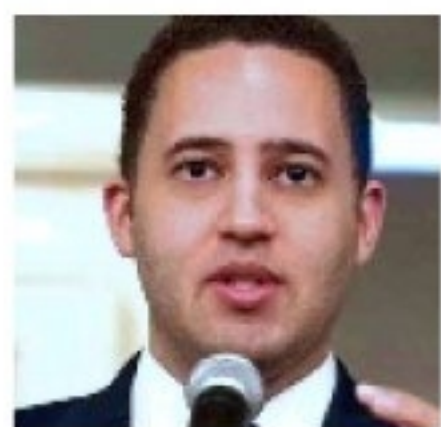
The mayor of Ithaca wants his city in upstate New York to host the nation's first supervised injection facility, enabling heroin users to shoot illegal drugs into their bodies under the care of a nurse without getting arrested by police.

The son of an addict who abandoned his family, Ithaca Mayor Svante Myrick is only 28 years old but knows intimately how destructive drugs can be. As he worked his way from a homeless shelter into the Ivy League at Cornell University and then became Ithaca's youngest mayor four years ago, Myrick encountered countless people who never got the help they needed.

"I have watched for 20 years this system that just doesn't work," Myrick explained in an Associated Press interview. "We can't wait anymore for the federal government."

Describing his proposals ahead of a formal announcement planned for Wednesday, the mayor said creating a place where addicts can inject heroin safely is a key part of a holistic approach to drug abuse that Ithaca will be rolling out, one that treats addiction more like a public health issue than a problem for the criminal justice system to solve.

THE ASSOCIATED PRESS



Ithaca Mayor Svante Myrick

THE ASSOCIATED PRESS

IN BRIEF

Costly to burp in Vienna

Police confirmed Monday that Vienna bartender Edin Mehic was fined 70 euros (\$77) for belching near a policeman at the Prater fun-park area.

As seen on Facebook, the ticket notes that Mehic violated "public decency with a loud belch next to a police officer."

By Monday, 118 people said they will attend a "Loud Belch Flashmob" next Saturday near the scene of the crime.

Mehic plans to appeal. THE ASSOCIATED PRESS

Authorities order refugees to leave 'jungle' in Calais

FRANCE

State plans to raze makeshift camp by 8 p.m. on Tuesday

Authorities issued an expulsion order Friday for hundreds of migrants living in a huge swath of the Calais camp in northern France, demanding that they remove their makeshift homes and possessions within four days.

Residents of the southern

sector of the camp, known locally as "the jungle," must clear out by 8 p.m. Tuesday so it can be razed, according to the order by the state authority for Calais. Police will remove those who refuse to clear out, the order said.

Authorities estimate that 800 to 1,000 migrants live in that sector, crammed with shops, cafes, mosques and churches. They want the migrants — mainly Syrians, Iraqis or Afghans escaping conflict or Africans fleeing countries with poor human-rights records — to move to nearby

heated containers or welcome centres around France to reconsider their dreams of reaching Britain on the other side of the English Channel.

The expulsion order came a week after Prefect Fabienne Buccio announced that the southern sector of the 18-hectare camp on the edge of Calais would be razed. She said those living in the area — the most built-up section of the camp housing a total of around 4,000 migrants — would have a week to move.

Humanitarian groups say the number of people living

in the southern section are many more than 1,000.

Eight associations working in the camp, including Doctors of the World, sent a protest letter on Thursday to the French interior minister contending that alternatives proposed by the state are "very far from answering the needs of the problems encountered" and predicted migrants who refuse them could scatter along the coast. Interior Minister Bernard Cazeneuve countered in a written reply that the evacuation would go ahead "progressively." THE ASSOCIATED PRESS

+ STRANDED

Greece's government said Monday that it expects a growing number of stranded refugees and other migrants because the European Union is failing to deal with unilateral actions and an "outburst of scare-mongering" by individual member states. Macedonia further restricted the border with Greece over the weekend, sparking protests by Afghan nationals.



Migrants carry supplies in a camp set outside Calais on Monday. Authorities issued an expulsion order Friday for hundreds of migrants living in this huge swath of the Calais camp, demanding they remove their homes and possessions within four days. JEROME DELAY/THE ASSOCIATED PRESS

FLINTLOCK

U.S. team tackles anti-terrorism training in Africa

Deep in the desert, a loud explosion blows the roof off a Chevy Suburban, scattering car parts amid flames and black smoke.

Earlier, a Mercedes Benz was blown up, its doors flying open.

The recent explosions mimicked attacks by Islamic extremists and are part of U.S.-led training of West African forces aimed at improving intelligence-gathering, cross-border communication and co-ordination between military forces and first responders.

Extremist groups in the region are increasingly using explosives, and their attacks are

becoming more sophisticated. In Mali earlier this month, Islamic extremists detonated explosives that killed seven peacekeepers and wounded 30 at a UN base in the northern city of Kidal.

Boko Haram, the Nigerian extremist group, recently killed two Cameroonian soldiers with a land mine. Earlier, Cameroonian forces dismantled Boko Haram bomb factories in Goshi, Nigeria.

The recent training for 50 Senegalese police, gendarmes, customs and judicial officials is part of the annual U.S.-led Flintlock exercises, a more than

decade-old effort to help Africans counter threats from extremist militants. Held in Senegal and Mauritania this year, the training for the first time included African law-enforcement officials.

"It's important to collaborate, share intelligence and work together because we all may have one little piece of the puzzle," said Victor Lloyd, legal attache at the U.S. Embassy in Dakar. "And the reality of it is the terrorists only have to get it right once. We have to get it right every single time."

THE ASSOCIATED PRESS



A mannequin outside a vehicle that was exploded during U.S.-led training in Senegal. VINCENT TREMEAU/THE ASSOCIATED PRESS



Democratic presidential hopeful Sen. Bernie Sanders greets people at the Brookland Baptist Church in West Columbia, S.C. Sanders and Hillary Clinton continue to battle for primary voters as South Carolina holds their Democratic primary Feb. 27. POE RAEDLE/GETTY IMAGES

Black vote crucial to Democrat race

U.S. POLITICS

Clinton has edge over rival; Sanders has to win support

Bernie Sanders has eight days to win the hearts of black voters in the Deep South.

Sanders, a senator from America's second-whitest state, has never before had to build a black following. If he doesn't do it immediately, he likely can't beat Hillary Clinton for the Democratic presidential nomination. And he sure isn't doing it yet.

South Carolina's primary is Saturday. Sanders and Clinton are in a dead heat for its white voters. For many of its black voters, Clinton might as well be running unopposed.

Most of them first heard Sanders's name in the past year, some of them in the past week. Even voters who know of his record say they have tuned him out. Their vote was se-

cure the moment Clinton announced.

In three South Carolina polls released last week, Clinton led Sanders 73 to 19, 63 to 21 and 63 to 23 among African-Americans. While Sanders did better with blacks under the age of 30, there was no sign of the white-millennial Bernie-mania that gripped New Hampshire.

Without such a groundswell, a dramatic race might turn fast into a rout. Black voters are half of the primary electorate in South Carolina. On Super Tuesday, March 1, they make up a hefty share of the vote in six southern states. Clinton's smallest lead with blacks in those states: 40 points.

Sanders is scrambling to trim the gap. He is running a stirring ad featuring the daughter of Eric Garner, a black man killed by police. He is stumping with a former NAACP leader. And

his campaign has played up his youthful civil rights activism.

But black Democratic elites have come out in force for Clinton. Sanders has not deviated much from his core message, which emphasizes income inequality over racial inequality.

It is criminal justice where Clinton might be vulnerable, said Robert Smith, a San Francisco State University political science professor. Bill Clinton signed a harsh 1994 crime bill that caused an explosion in

black imprisonment. "To many of us who have studied (Bill) Clinton and his record very carefully, the kind of affection that blacks have for him and his wife is not earned," Smith said. "He governed in a very, very Reagan-like way on issues of concern to blacks."

I don't think most black, ordinary voters are aware of that." TORSTAR NEWS SERVICE

“He governed in a very, very Reagan-like way on issues of concern to blacks.”

Prof. Robert Smith on Bill Clinton's record

Kalamazoo suspect admits to shootings

The Uber driver suspected in a series of three random shootings in Michigan admitted carrying out the seemingly random attacks that killed six people, a prosecutor said Monday.

Jason Dalton waived his right against self-incrimination before making the statement to authorities, Kalamazoo County prosecutor Jeff Getting said.

Dalton's statements were used to file charges of murder and attempted murder Monday, two days after the rampage in the Kalamazoo area.

Dalton appeared in court via



People gather and pray at Center Point Church following a mass shooting in Kalamazoo, Mich. TASOS KATOPODIS/GETTY IMAGES

video to hear the charges. He was ordered held without bond

and will get a court-appointed attorney.

If he's convicted, the murder charges carry a mandatory life sentence. Michigan does not have the death penalty.

Kalamazoo County Sheriff Richard Fuller said Uber is cooperating with law enforcement officials. Investigators are particularly interested in communication between Dalton and Uber, as well as customers he might have driven, the sheriff said.

Questions about motive and Dalton's frame of mind are "going to be the hardest to answer for anybody," Fuller said. THE ASSOCIATED PRESS

GLOBAL WARMING

Humans causing rapid rise in sea levels

Sea levels on Earth are rising faster than they have in 2,800 years and are accelerating because of man-made global warming, according to new studies.

An international team of scientists dug into two dozen locations across the globe to chart rising and falling seas over centuries and millennia. Until the 1880s and the world's industrialization, the fastest seas rose was about 3 to 4 centimetres a century. But in the 20th century the world's seas rose 14 centimetres. Since 1993 the rate has soared to 30 centimetres per century. And two different studies

published Monday in the journal *Proceedings of the National Academy of Sciences*, said by 2100 that the world's oceans will rise between 28 to 131 centimetres.

"There's no question that the 20th century is the fastest," said Rutgers earth and planetary sciences professor Bob Kopp, lead author of the study that looked back at sea levels over the past three millennia. "It's because of the temperature increase in the

20th century which has been driven by fossil fuel use."

To figure out past sea levels and rates of rise and fall, scientists engaged in a "geological detective story," said study co-author Ben Horton, a Rutgers marine scientist. They went

around the world looking at salt marshes and other coastal locations and used different clues to figure out what the sea level was at different times. They used single cell organisms that are

sensitive to salinity, mangroves, coral, sediments and other clues in cores, Horton said. On top of that they checked their figures by easy markers such as the rise of lead with the start of the industrial age and isotopes only seen in the atomic age.

When Kopp and colleagues charted the sea level rise over the centuries, it was on a downward trend until the industrial age.

Jonathan Overpeck at the University of Arizona, who wasn't part of the studies, praised them, saying they show a clear cause and effect between warming and sea level rise. THE ASSOCIATED PRESS

1 ft.

Sea-level rise per century as of 1993, compared to 1.5 inches per century prior to 1880.



Destroyed homes in the wake of Superstorm Sandy in Ortley Beach, N.J. in 2012. Sea levels are rising faster than they have in the past 2,800 years because of global warming, according to new studies. ASSOCIATED PRESS FILE

STARBUCKS

Loyalty program overhauled

Starbucks is changing the terms of its rewards program so that people who just get a regular cup of coffee will have to spend significantly more to earn a freebie.

The Seattle-based coffee chain says its loyalty program will award stars based on dollars spent starting in April across the U.S. and Canada.

Currently, people earn a star for each transaction, regardless of how much they spend, and get a free foodstuff or item of their choice after earning 12 stars.

People will now have to earn 125 stars for a free item, with each dollar spent being worth two stars — meaning they have to spend \$62.50 to get a free item. That means that people who now spend around \$5 or less per visit are losing out.

Starbucks Corp. says the change is the No. 1 request among loyalty program members and predicts it will lead to higher spending by customers eager to earn more stars.

THE ASSOCIATED PRESS

FEDERAL ELECTION

New Canadians, young people 18-24 cause of high turnout



Luke Simcoe
Metro | Toronto

The surge in voter turnout during the 2015 federal election was driven largely by young people and new Canadians.

Sixty-seven per cent of voters ages 18 to 24 cast a ballot in October, compared to only 55 per cent in 2011, according to data released Monday by Statistics Canada. A similar spike was observed among Canadians who've had citizenship for less than a decade — 70 per cent said they voted last year, versus 56 per cent in 2011.

The increased turnout may have more to do with the specifics of the election — which



Experts say Prime Minister Justin Trudeau's "upbeat" campaign was one reason he resonated with the electorate. **About 67 per cent of young people cast ballots in the 2015 general election, while 70 per cent of new Canadians made their voices heard.** AFP/GETTY IMAGES

ousted the Conservatives and propelled Justin Trudeau and the Liberals to power — than a renewed sense of political participation, experts say.

"I don't think it's a coincidence that turnout was up

among young people when both the Liberals and the NDP were looking very strong," said Ryerson University politics professor Daniel Rubenson. "Young people tend not to support the Conservative party."

It also helped that Trudeau ran an "upbeat" campaign and was cast as a youthful alternative to established politicians, said York University professor Dennis Pilon.

"People like to see people

like themselves in the political system," he said.

It's incumbent on politicians to ensure high turnout among youth and immigrants isn't just a blip, Pilon said.

"If we want to keep youth voting up, if we want to keep multicultural voting up, then we need to address the serious economic problems those groups are facing," he said. "A government that would take up youth employment, for example, in a serious way would recruit a solid base of supporters."

"It would make those people say 'politics matters.'"

Other strategies to increase turnout could include lowering the voting age, adopting a proportional representation system, or even making voting mandatory, Pilon said.

"The evidence from countries that use compulsory voting is that it's more inclusive," he said. "Political parties have to think of the different kinds of voters who will show up and craft policies to cater to them."

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DAILY REFRESHMENT

Edmonton **metro**



Police are investigating a Utah website for allegedly posting hacked Ashley Madison data online. THE ASSOCIATED PRESS FILE

ASHLEY MADISON

Police probe U.S. site over alleged data post

Utah authorities are investigating a website for allegedly posting data from the Ashley Madison hack.

According to warrants filed in a Utah court, the State Bureau of Investigation is investigating a website and Facebook page for publishing the personal details of Ashley Madison customers from the southern Utah area.

The website and Facebook page, both titled "AM Southern Utah," were allegedly created with data stolen from the Toronto-based Ashley Madison.

No one has been charged with a crime.

"Our cyber unit has an investigation in Southern Utah related to the Ashley Madison hack," said a spokesperson for

State Bureau of Investigation in an email. "Because it is currently an active investigation we are not able to provide more details at this time."

Ashley Madison, which helps people have extramarital affairs, was hacked in July, and millions of customers had their information leaked online. Toronto police are investigating the hack, and working with the FBI and other law enforcement agencies. Since the hack, numerous people caught up in the hack have reported being targeted by online extortionists, and Toronto police said the attack may be related to hate crimes and two unconfirmed reports of suicide.

TORSTAR NEWS SERVICE

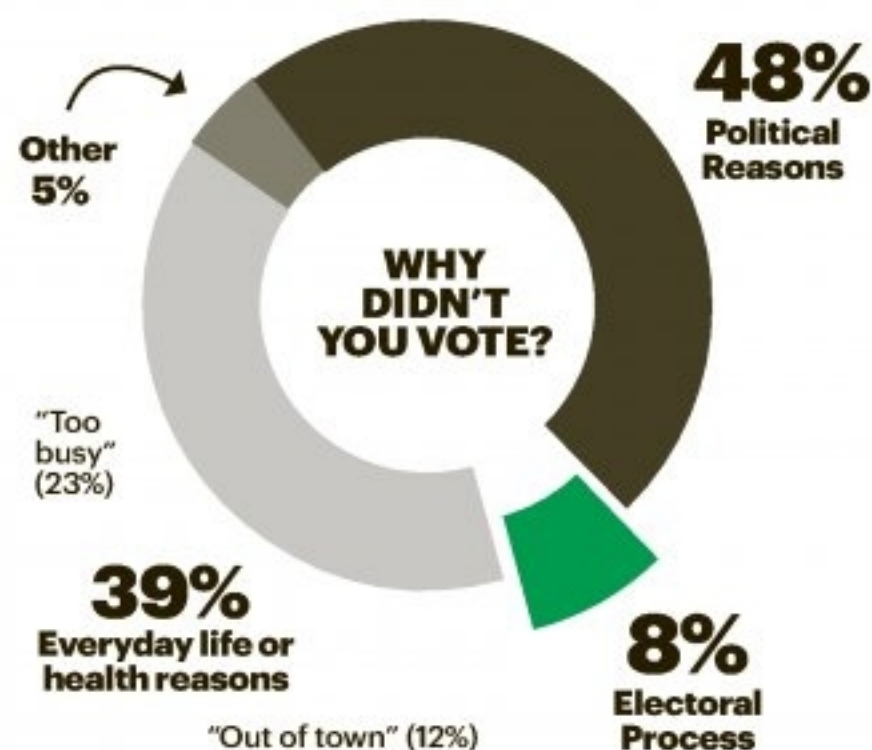
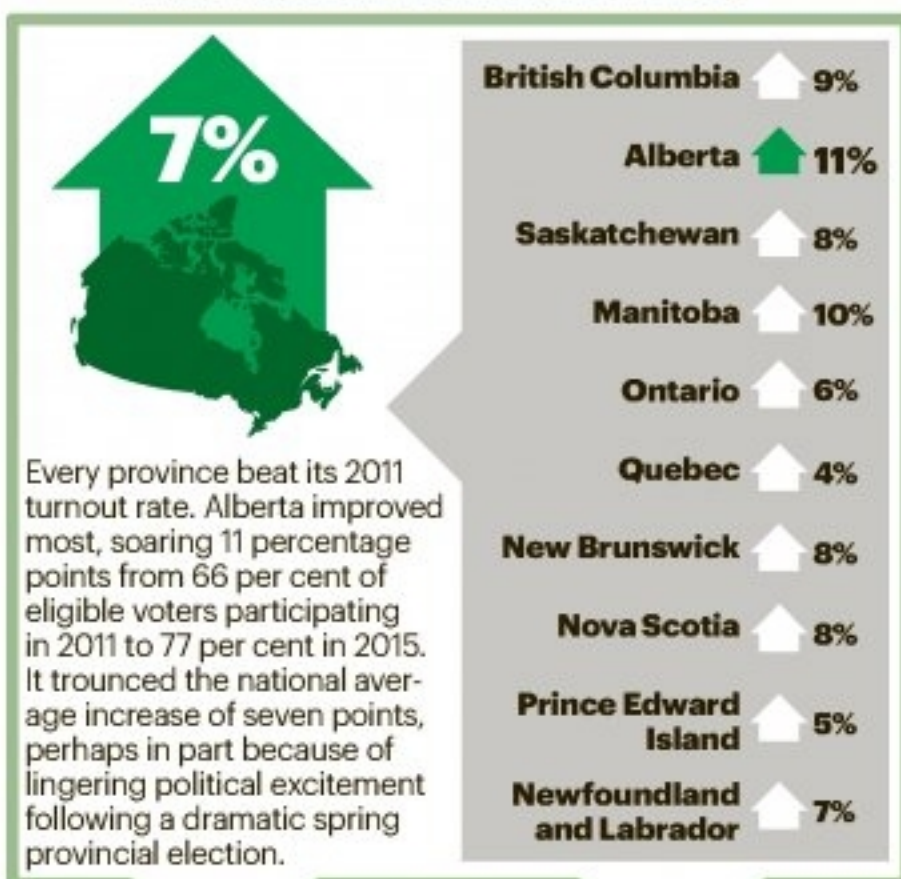


READY TO ENGAGE | 2015 Election voter turnout

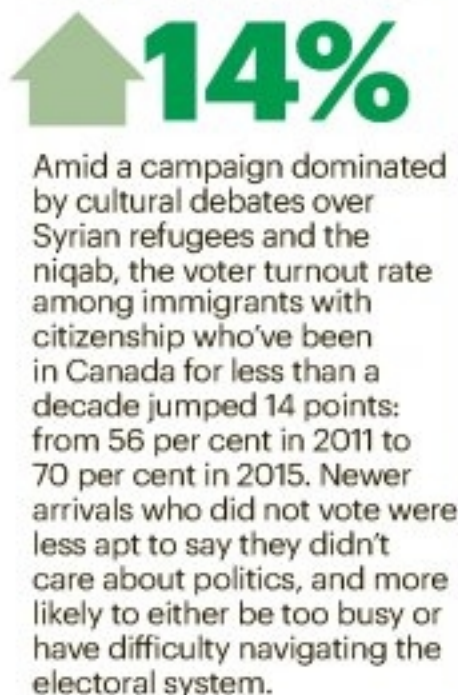
A milestone for Canada

During the fall election campaign, Metro asked if young, urban Canadians were ready to engage with the issues — and put their engagement into action by showing up to vote. You were more than ready: Self-reported voter turnout surged in every province and demographic group, according to a Statistics Canada report released Monday. Seventy-seven per cent of eligible voters said they cast a ballot, up from 70 per cent in 2011. We break down who voted, who couldn't figure out how to vote, and who had nothing but excuses, excuses.

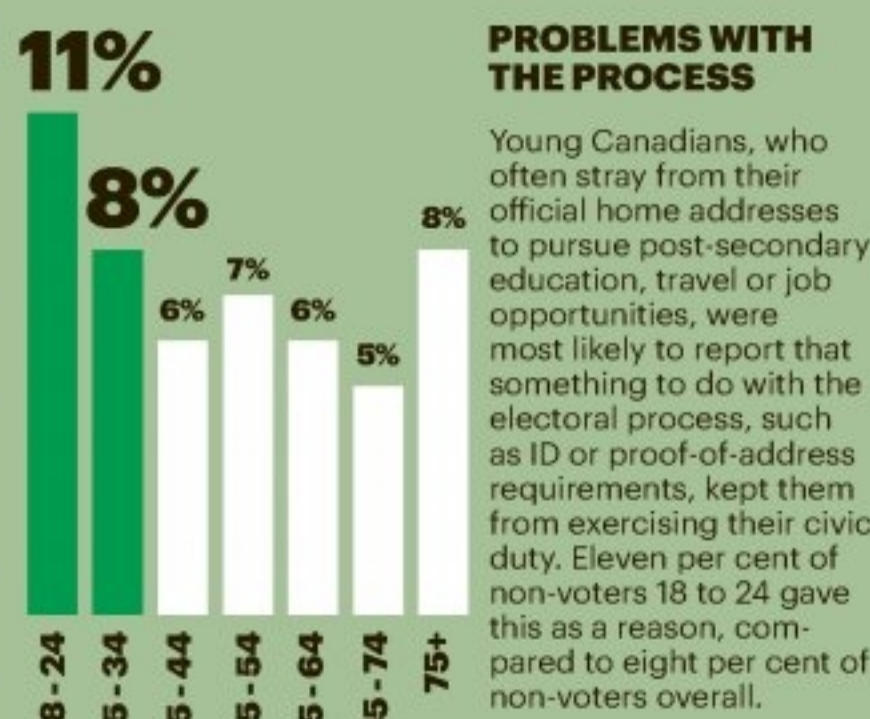
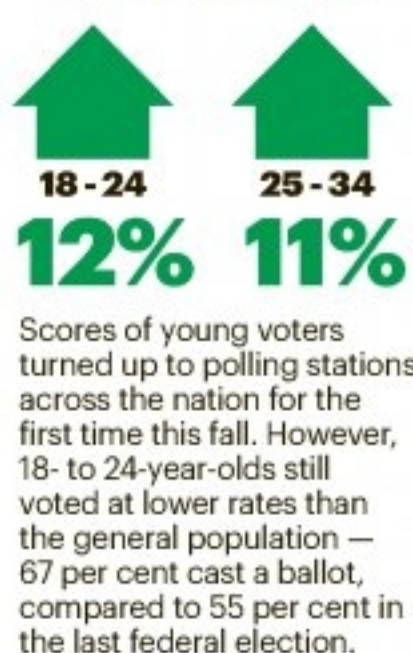
PROVINCIAL PARTICIPATION



NEW CANADIANS



YOUTH VOTERS



GRAPHICS BY ANDRÉS PLANA/METRO

METRO ASKED | What does the surge in youth voter turnout mean to you?

In the lead-up to the election, Metro met with young, politically active voters from cities across the country. Jerilynn Webster, 26, said she was concerned about indigenous children in care, welcoming refugees and protecting the environment. Rodney Diverlus, 25, spoke out against student debt and racial inequality.



JERILYNN WEBSTER
Rapper, spoken-word artist
Vancouver, B.C.
 I feel like young people are the experts in knowing how to create justice, how to create safety for our communities — because we want justice for our children, missing women, our environment, refugees.



RODNEY DIVERLUS
Co-founder, Black Lives Matter Toronto
 I felt that this election, a lot of young people I knew were really excited to engage... Whether or not we agreed with the results, this election at least had the potential for new leadership.

ROSEMARY WESTWOOD

metroview

Meritocracy is a myth. Pointing that out will still get you harassed.

There is a limit to last wishes beyond the grave.

Which is too bad for Dr. Victor Priebe of Windsor, Ont., a radiologist who loved photography and public libraries, but apparently didn't care for non-white people or lesbians.

Priebe, who died Jan. 1 at 83, set up two science bursaries in his will, which is replete with blatant hatred and which an Ontario judge has struck down because it is "white supremacist, homophobic and misogynistic."

The will stipulated one bursary for "Caucasian (white), male, single, heterosexual students" who are "not afraid of hard manual work in their selection of summer employment," and another one to benefit a "hard-working, single Caucasian white girl who is not feminist or lesbian."

In her ruling, the National Post reported, the judge relied on a 1938 Supreme Court decision, which allowed the overturning of wills that are offensive to public standards (in this case, the Ontario Human Rights Code).

Priebe's will is certainly offensive, and absurdly, laughably, quaintly out of date.

Yet we still needed, upon Harper Lee's death last Friday, to celebrate her novel *To Kill A Mockingbird* as a perpetually relevant tool to grapple with resilient discrimination, a map for "how to go forward after a moment of blatant injustice,"

in the words of one New York Times commenter.

White supremacy and sexism may be legally out of date, but whiteness, maleness, power and privilege are still deeply entwined in the West. And while it's easy to laugh at an old man's will (what's with all the "hard-working" stuff?), some are not so keen to actively rebalance the inequality with which it's imbued.

Take the crowd that attacked Buzzfeed's Scaachi Koul — and forced her off Twitter — after she sent a call out for freelancers who were non-white and non-male. Koul, a rising voice on racism and sexism and a once-formidable Twitter presence, was ridiculed for her tone ("ugh, men" she tweeted). Maclean's Scott Gilmore charged her, ridiculously, with labour-rights violations. She got the predictable rape threats. She made the obvious counter-argument: "Giving ignored voices preferential treatment is not racism against white people. It is an attempt to fix all of history," she tweeted before suspending her account.

This is where we are: An imagined meritocracy blankets our lopsided press, business elite and politics, and pointing that out gets you harassed. Priebe might not be getting what he wanted, but his would-be beneficiaries continue to do just fine without him.

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14A5168
**2014 FIAT 500L
TREK
\$16,393**



13B6373
**2013 CHEVROLET
1500 CREW 4X4 LS
\$17,303**



14A5119
**2014 HYUNDAI
VELOSTER TURBO
\$17,774**



04T7500
**2004 FORD MUSTANG
GT CONVERTIBLE
\$8,024**



13B4411
**2013 CHRYSLER
TOWN & COUNTRY
TOURING STOW N GO
\$17,887**



13B2634
**2013 HYUNDAI
TUCSON PREMIUM AWD
\$19,406**



14B2403A
**2014 CHEVROLET
EQUINOX AWD
\$19,703**



09T8164
**2009 DODGE
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\$7,127**



11B6456
**2011 JEEP GRAND
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\$21,010**



13B4984
**2013 FORD F150 S/C
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\$22,270**



11B9575
**2011 NISSAN
XTERRA SV 4WD
\$23,712**



13B3226
**2013 RAM 1500
Q/C 4X4 SLT
\$24,650**



09T6682
**2009 BMW X6
PREMIUM
\$25,769**



14B9472
**2014 RAM 1500
CREW 4X4 SLT
\$27,024**



12B2722
**2012 RAM 2500
CREW 4X4 POWER
WAGON
\$29,111**



15B1513
**2015 RAM 2500
CREW 4X4
OUTDOORSMAN
\$35,510**



12A8333
**2012 FORD F150
CREW 4X4 HARLEY
DAVIDSON EDITION
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07T9052
**2007 DODGE
NITRO SLT 4X4
\$6,105**



15A2798
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YouTube superstar takes her sparkle to L.A.



Internet sensation and Scarborough, Ont. native Lilly Singh has moved to Los Angeles to capture the energy of the city's entertainment industry. CONTRIBUTED

ISUPERWOMANII

Lilly Singh is off to show biz capital after her world tour

It's been an unexpected and eventful journey from the Scarborough, Ont. home where Lilly Singh first became a YouTube star to the bright lights of Los Angeles.

In between, there was a whirlwind global tour in 2015 that included 31 shows in 27 cities — most of them sold out — chronicled in the documentary *A Trip to Unicorn Island*, which premiered on YouTube Red earlier this month.

"Everything that people love about my videos and channel online, I wanted to bring it to a stage and bring it to cities across the world. There were a lot of places that I'd never been such as Trinidad, such as Hong Kong," says Singh, a comic and motivational speaker.

"The biggest highlight was meeting the fans from all over the world. You make videos online and you see analytics and comments. But there's something special about seeing people's faces in real life."

The tour didn't come without its "hiccups," including visa problems in India and a stage in Adelaide, Australia, that was barely large enough for Singh and the eight backup dancers she brought

along. In Dubai, employees of the theatre smoked prodigiously throughout the show.

"The schedule was quite ambitious, especially to begin with. India is a hard country to start with because it is on the opposite (side) of the world. So you had to adjust to not only the weather and the food and the climate (but) also the time," Singh recalled.

"So our first six shows back to back were in India and after the sixth show, I was hospitalized already from dehydration and exhaustion," she added.

The tour and the new film are just the latest triumphs in an unlikely success story that began in 2010 when Singh started posting comedy videos from her bedroom enclave.



I still love YouTube — but I would really love to get into TV and film.

YouTube star Lilly Singh

Last year, Singh was listed No. 8 on Forbes list of YouTube millionaires and more recently landed on its influential 30 Under 30 list of emerging stars.

Besides a clothing line, Singh has two YouTube channels, *ISuperwomanII*, where she continues to post her Monday and Thursday "scripted comedy" videos for an estimated 7.8 million fans, and *SuperwomanVlogs*,

where she posts a daily blog for her "super-fans."

For Singh, the next logical step was heading to Los Angeles, a move she made early in the new year.

"One of the main reasons I moved to L.A. is because there's like-minded people there, people in the same industry as me. So you have that motivation and drive because when you look around, you see everyone else doing something and so you feel guilty if you're not doing something," Singh said.

"That energy is exactly what I need to flourish in my career at this point. Almost everybody in the (entertainment) industry lives in L.A. so it's very easy to collaborate and bounce

ideas off each other."

Former WWF star Dwayne "The Rock" Johnson, who has become a solid box office draw as an action star, has become a mentor. (Johnson makes a brief appearance in *Unicorn Island*).

"We have yet to work together, but he does kind of guide me through a lot of things. It would be my dream to work with him on a creative project one day," Singh said.

"I would love to get into TV and film. I've been auditioning and I love acting the few times I've done it. I'd love to get into that world not necessarily instead of YouTube — I still love YouTube — but I would really love to get into TV and film."

TORSTAR NEWS SERVICE



JOHANNA SCHNELLER WHAT I'M WATCHING

Dogs, pop stars tressed to impress

THE SHOW: Grammy Awards (CTV/CBS) and Westminster Kennel Club Dog Show (USA/CNBC)
THE MOMENT: The Promenade

One by one, the most celebrated of their ilk stride the carpet and pose. Judges rate their teeth, their grooming, their gait. Some grin, some snap, some quiver. Eventually, they're herded into small groups where they compete head to head, often with others utterly unlike them. Many receive awards, but there's only

one Record of the Year. I mean, Best in Show.

The Grammy Awards and the Westminster Kennel Club show happened on the same night this year. Flipping between them, I got confused. On one channel was Common, in polka-dot lapels; on the other was CJ, a spotted German pointer. Here an announcer described a spaniel as having a "merry demeanor;" there, Adele grinned. Taylor Swift's blonde bob shone; so did the white bob on the Hairless

Chinese Crested.

The black and white Shih Tzu wore its hair in barettes; Janelle Monae, also in black and white, sported pigtailed and a bellhop cap. Beyoncé and a Borzoi dazzled in silky white. Here came a lovely red Cirneco dell'Etna, there went lovely red-head Florence Welch. And just as an announcer called Italian greyhounds "affectionate to the point of neediness," John Legend and Chrissy Teigan appeared.

The Grammys gave out 83

prizes; the WKC recognized 187 breeds. Both were exhaustive, dizzying displays of grace, discipline and hair styling. But how anyone could choose between a bulldog, a German shepherd and a Skye terrier — I mean, between Taylor Swift, Bruno Mars and The Weeknd — I'll never know.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



A Maltese competing at the WKC dog show, left, and Taylor Swift at the Grammys. AFP/GETTY IMAGES; LOS ANGELES TIMES/TNS



YuMee Chung demonstrates the Levator Scapula Layover stretch. TORSTAR NEWS SERVICE

Take the tension out of your layover

THE MOVES

This yoga stretch will help unwind neck muscles

YuMee Chung
Torstar News Service

There are few things more stressful than a super short layover. By the time you've deplaned and made a mad dash between gates (if not terminals) with a carry-on bag and personal items in tow, you'll definitely need a vacation. This yoga move can be done in the moments before you board your next flight to unwind tense neck and shoulder muscles.

Levator Scapula Layover

1. Hold your bags with your left hand and/or shoulder, allowing the arm to hang heavy and the shoulder to be pulled towards the ground.

2. Lay your head to the right, as if you mean to place your right ear on your right shoulder.

3. Use your right hand to reach over and take hold of the left side of your head. Think of this hand as encouraging a slow, organic release rather than forcing a sudden stretch.

4. Breathe into the left side of your neck for eight slow breaths.

5. Next, turn your nose down toward your right shoulder and move your right hand slightly towards the back of your head.

6. Breathe into the back of your neck for eight slow breaths.

7. Remove the right hand and use it to manually move your head into an upright position.

8. Repeat on the other side.

FLEXIBILITY
A healthy neck can lean over laterally at an angle of about 45 degrees

Get to know your fight-or-flight muscles

The levator scapulae (levator scap for short) are sometimes referred to as fight-or-flight muscles because they are notorious for firing under stressful conditions. They hunch shoulders and bring the chin forward.

Over-activity in this muscle pair can lead to neck pain and stiffness. A healthy neck can rotate about 80 degrees to both sides and can lean over laterally at an angle of about 45 degrees.

YuMee Chung is a recovering lawyer who teaches yoga in Toronto. She is on the faculty of several yoga teacher training programs and leads international yoga retreats. Learn more about her at padmani.com.

+ HEALTH BRIEF

Breastfed children need Vitamin D supplements

Children should continue receiving a daily dose of Vitamin D as long as they are breastfeeding, including toddlers who consume other foods and fluids, according to researchers.

While breast milk is "the near perfect food," one thing it doesn't contain enough of is Vitamin D, says pediatrician Dr. Jonathon Maguire of St. Michael's Hospital in Toronto.

Especially in northern countries like Canada where mothers don't get as much sunlight.

As a result, organizations such as the Canadian Paediatric Society have long recommended infants receive supplement drops of Vitamin D, which is important for building strong bones and preventing rickets and chronic diseases. The researchers from St. Mike's and the Hospital for Sick Children found the risk of Vitamin D deficiency rose by six per cent for every month babies were breast-fed past age one.

TORSTAR NEWS SERVICE

SPONSORED CONTENT

Getting educated in the great outdoors

Education doesn't just happen between the pages of a book or from a teacher at the front of the class. For students in Alberta, the Progressive Academy's Mountain Adventure School offers the opportunity to mine the great outdoors for educational advancement and personal growth.

"It's a two-week program that allows students to gain high school credits while participating in adventure activities," explained Lana Ohler-Madsen, a member of the Mountain Adventures School Team.

The program enables student to obtain credits that meet the province's career and life management, and physical education mandates. On-site, in-class work is augmented by outdoors activities including canoeing, hiking, climbing, and other outdoors activities such as wilderness living skills development.

"Some students come because they want to open up their academic selections," Ohler-Madsen explained, adding that by completing mandatory requirements during the summer, students are able to take other



CONTRIBUTED

electives during the school year. "Other students want to experience the outdoors and enjoy learning that way."

"We get a big cross section of students, but they all leave with an incredible experience and learning new life skills."

The school is located in Rocky Mountain House. People interested in registering for the program, should visit progressiveacademy.ca. Classroom spaces are limited and filled on a first-come, first-served basis. Those who do not receive registration are placed on a waiting list.

this journey
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Content Solutions

HEALTH BRIEF

Task force advises against routine colonoscopies

New Canadian guidelines say colonoscopy should not be used for routine screening to detect colorectal cancer in patients with no symptoms or family history of the disease.

The guidelines from the Canadian Task Force on Preventive Health Care strongly recommend that low-risk patients aged 50 to 74 be screened using fecal occult blood tests every two years or sigmoidoscopy every 10 years.

Sigmoidoscopy involves the insertion of a flexible scope to view the lower portion of the colon and rectum rather than the entire tract, as is the case with colonoscopy.

Task force member Dr. Scott Klarenbach of the University of Alberta says the guidelines do not apply to high-risk patients who have symptoms or a family history of the disease.

The guideline is available at canadiantaskforce.ca. THE CANADIAN PRESS

HEALTH

Sheen news boosts HIV awareness

Actor Charlie Sheen was called a lot of things during his bad-boy days. Until now, public health promoter wasn't one of them.



Charlie Sheen.
THE ASSOCIATED PRESS

Sheen's revelation that he's infected with the virus which causes AIDS prompted the greatest number of HIV-related Google searches recorded in the United States since 2004, and more than 1 million of them involved public health-related information.

That's according to a new study from San Diego State University research professor John Ayers and colleagues, who examined the impact of the announcement Nov. 17 by the former star of TV's *Two and a Half Men*.

"While no one should be forced to reveal HIV status, Sheen's disclosure may benefit public health by helping many people learn more about HIV infection and prevention," the researchers wrote in a report published Monday in *JAMA Internal Medicine*.

THE ASSOCIATED PRESS

Up for auction: A first date

WHAT'S YOUR PRICE

Sugar-daddy site matches Generous with Attractive

He's a business man who prefers to go by the alias "Michael."

She's a Russian model and Samba dancer named Jessica, who withheld her last name.

It's their first date and Michael, like a gentleman, has paid about \$45 for it. Only, he's paid Jessica directly.

The pair met on dating "auction" site *WhatsYourPrice.com*, where users labelled "Generous" bid on first dates with users labelled "Attractive."

The site has been criticized for blurring the line between dating and escorting. Some blogs have called it "indistinguishable" from prostitution. Its more than 7,000 Toronto users — who spend or are paid an average of \$214 on first dates, according to site data — would argue it's about companionship.

"I'm not selling myself in any way," says 25-year-old Jessica. "It's having dinner with somebody that enjoys my company. And why not get paid for it?"

Michael, 36, nods along. They've agreed to let *Torstar News Service* follow them on the date. For obliging, the site has promised Michael 500 credits to his profile, credits he'll use to open locked messages from "Attractive" users.

Michael, a Toronto entrepreneur working on getting a weight loss "nutraceutical" business off the ground, uses other conventional dating sites such as *Match.com* but hasn't had much success. He has noticed he gets a better response from women on *What's Your Price*, but he's



What's Your Price is a dating website where "generous" men buy first dates from "attractive" women. TORSTAR NEWS SERVICE

not really sure why.

"For some reason it seems to interest females a bit more as opposed to regular dating," he says.

When others in her generation are swiping right on apps including *Tinder* and *Bumble*, Jessica's first digital dating experience is the unconventional sugar-daddy site. This date is the second she's been on using *What's Your Price* after a friend recommended she check it out. So far she's made nearly \$300. A man visiting from Hawaii paid her \$220 earlier last year to join him for dinner.

Michael's offer then is relatively low. But tonight, Jessica says it was substance more than cash that brought her here. "He had a very charm-

ing profile," she says. "His offer wasn't anything special. It's not all about the money."

But money is the key component of the patent-pending site. It works like this: the "Generous" user bids on a first date with an "Attractive" member. The bid payment is promised in "good faith," according to Brittany Burridge, a rep for the site. *What's Your Price* does not facilitate the payment, and the "Generous" member normally pays in person after the date.

The payment is where things get controversial. Site founder Brandon Wade says the site's "no escort" policy is answer enough to its critics who say its brand of dating is no

different than escorting.

"We make it extremely clear that, first of all, no sex is involved. You can't talk about sex and you shouldn't expect sex on the first date," he says.

"The world in general knows that 'escort' is really just prostitution in disguise. So in that sense, we have already set ourselves apart from that."

Nicole McCance, psychologist and relationship expert doesn't buy the "no escort" policy.

"This is a business deal. This is not dating," she says. "It just worries me that if he's paying for appearance, that there may definitely be pressure on the women to do other things — sexual favours and so on — once she's with him."

McCance has counselled men who have used similar sites, which she says can become addictive. Men sometimes get a kind of "companionship high," the comedown from which can be rough. For the women, she says, it often leaves them feeling used and exploited.

But on this night in Toronto, *What's Your Price* appears to have forged a benign connection — perhaps even a profitable one for both. Michael says they are "hanging out as friends" and business partners.

Jessica has joined him as a salesperson and product designer in his venture launching a nutritional supplements and health foods business.

TORSTAR NEWS SERVICE

DATE\$\$ BY CITY

Canadian cities ranked by average amount spent on a first sugar-daddy date:

1. Victoria — \$360
2. Edmonton — \$289
3. Calgary — \$265
4. Montreal — \$242
5. Vancouver — \$222
6. Toronto — \$214
7. Ottawa — \$209
8. Wingham, Ont. — \$190
9. Brampton, Ont. — \$176
10. Laval, Que. — \$167

Source: *What's Your Price*

\$ BRANDON WADE'S DATING UNIVERSE

Brandon Wade is the founder of sugar daddy dating sites *Seeking Arrangement* and *What's Your Price* and *Miss Travel*.

His multi-million dollar dating empire has a menu of options for every sugar daddy and baby variety.

• What's Your Price

Wade's second most popular site is an online "dating auction" where users buy and sell first dates.

• Miss Travel

For the worldly types of sugar daddies who love to

travel, "generous" men can pay "attractive" women to travel with them.

• Seeking Arrangement

Wade's most popular sugar-daddy service lets users get straight to the point about what they want out of the relationship. Cha-ching.

• Perfect Arrangement

An extension of *Seeking Arrangement* where personal matchmakers do the work for you.

• Seeking Millionaire

Dating in the upper tax

brackets

is made

easy with

Wade's site for

"aspiring women" seeking "successful men."

• Open Minded

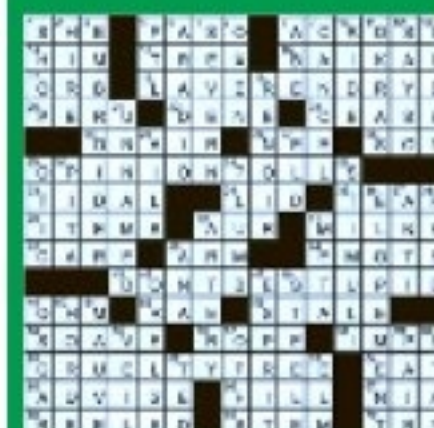
This site provides a "safe and stigma-free" space for couples looking for a ménage à trois or more.

• Pair Me Up A real matchmaker helps set up a date for a small fee paid by the man. Women can get reimbursed up to \$100 for the date.



PLAY Yesterday's Answers

from your daily crossword and Sudoku



7	5	8	3	9	1	6	4	2
4	1	6	7	8	2	3	5	9
3	2	9	4	5	6	1	7	8
8	7	5	1	6	3	9	2	4
1	9	3	2	4	8	7	6	5
6	4	2	5	7	9	8	3	1
5	8	4	9	3	7	2	1	6
9	3	1	6	2	5	4	8	7
2	6	7	8	1	4	5	9	3

for more fun and games go to metronews.ca/games

'If I can play in the NHL, why not keep going?': The Panthers say they'd love to bring Jaromir Jagr, age 44, back for another season

5 PLAYERS WHO COULD BE ON THE MOVE

As the NHL marches toward the Feb. 29, 3 p.m. ET trade deadline, the pressure will be amped up on GMs who think they can make the playoffs, or who think they are a player or two away from the Stanley Cup, to make deals. But who will be traded? Here are the most likely suspects.



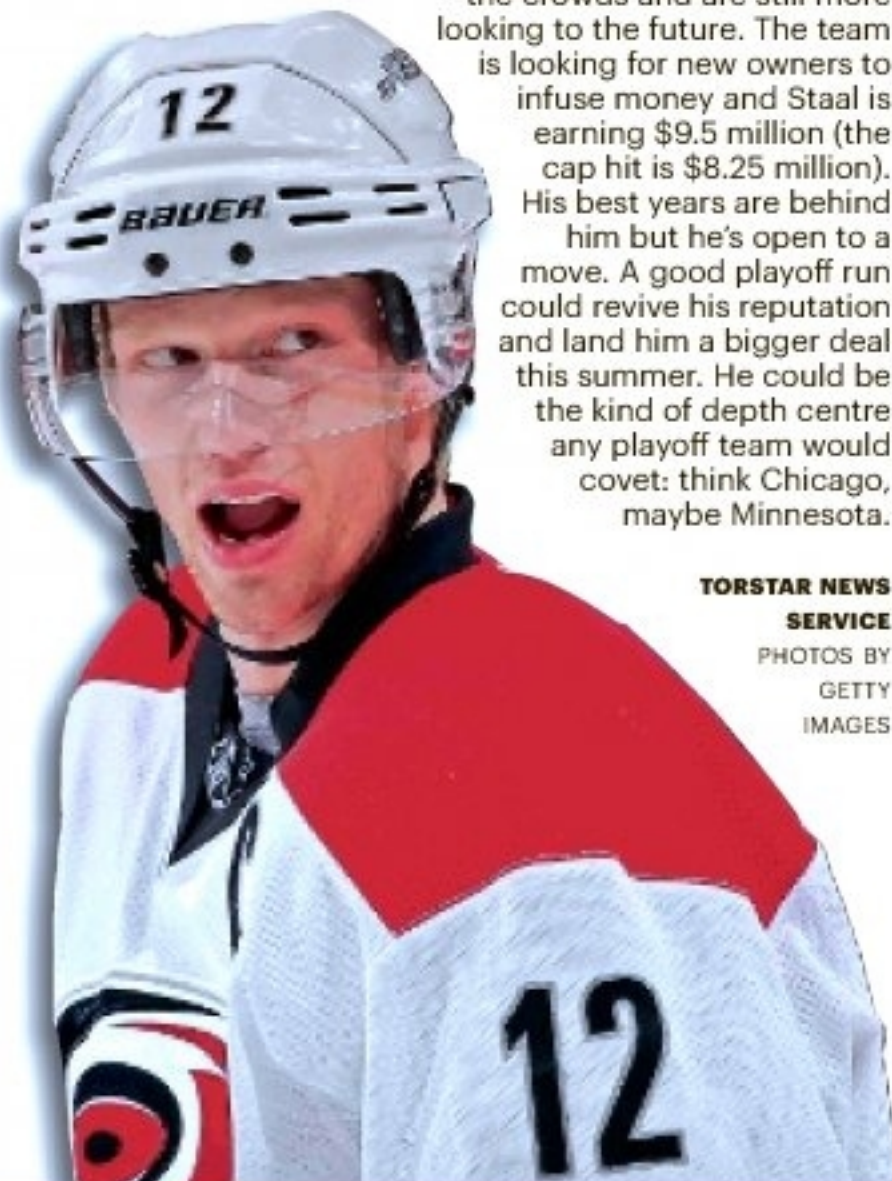
1 Jonathan Drouin, LW, Tampa Bay

The 21-year-old holdout quit the minors to force the hand of GM Steve Yzerman to make a trade. The most likely landing spot is Colorado, where centre Nathan MacKinnon would love to be reunited with his former Halifax Mooseheads winger.



2 Andrew Ladd, LW, Winnipeg

A leader and a solid two-way player, a consistent producer offensively and a reasonable salary (\$4.5 million), he'd fit into any playoff-bound team. The Corsi crowd loves him. The Jets are in the cat-bird seat here, and will get a solid return for their captain who is headed for unrestricted free agency. There could be a bidding war for him between teams such as L.A.



3 Eric Staal, C, Carolina

GM Ron Francis has not asked Staal to waive his no-trade clause. But he wouldn't do that anyway until he had an offer he wants. Staal is in the driver's seat and it's a conundrum for Francis, a former teammate who won Carolina's only Cup with Staal. The Hurricanes are better than expected this year, maybe a year ahead of schedule, but aren't getting the crowds and are still more looking to the future. The team is looking for new owners to infuse money and Staal is earning \$9.5 million (the cap hit is \$8.25 million). His best years are behind him but he's open to a move. A good playoff run could revive his reputation and land him a bigger deal this summer. He could be the kind of depth centre any playoff team would covet: think Chicago, maybe Minnesota.

TORSTAR NEWS
SERVICE
PHOTOS BY
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4 Dan Hamhuis, D, Vancouver

GM Jim Benning might not be as all-in on a youth movement as Canuck fans want him to be, but Hamhuis would garner a big return. Hamhuis signed a cap-friendly deal to continue playing for the Canucks and got a no-trade clause because of it. The \$4.5-million cap hit would fit nicely into just about any team looking for a top-four defenceman.

5 Kris Russell, D, Calgary

At 28, Russell is in the prime of his career and looking for a July 1 raise from the \$2.6 million he is currently making. He would fit on any blue line, although the analytics crowd say he's overrated. The Flames want him back, but aren't afraid of testing the trade market just to see what they could get. They're a young team and could part with a veteran blue-liner for the right price. The Flames are also looking to move veteran winger Jiri Hudler.



NHL

Subban reportedly hits baby with puck

A one-month-old baby girl is recovering in hospital after reportedly getting hit in the head with a puck at a Montreal Canadiens' public practice Sunday.

Valérie Meloche, the baby's mother, wrote on Facebook that P.K. Subban tossed the puck into the crowd, which accidentally knocked the infant unconscious.

The Montreal Gazette is reporting the baby suffered a concussion and is under super-



P.K. Subban
GETTY IMAGES

vision at the Montreal Children's Hospital and is in stable condition.

Meloche took to social media to thank the people that came to her and her daughter's aid. The baby is expected to recover after the accident.

REBECCA WILLIAMS/METRO

IN BRIEF

Leafs unload two more vets

The Toronto Maple Leafs continue to purge their roster ahead of the Feb. 29 trade deadline.

A day after sending forward Shawn Matthias to Colorado, the Leafs have dealt defenceman Roman Polak and centre Nick Spaling to the San Jose Sharks in exchange for second-round draft picks in 2017 and 2018 along with forward Raffi Torres. The Leafs also sent captain Dion Phaneuf to Ottawa earlier this month. THE CANADIAN PRESS

Bautista names his price

Toronto slugger Jose Bautista says he has let the Blue Jays know what it would take to keep him, and he's still waiting for an answer.

Bautista is entering the final year of his contract, and he said at spring training Monday he sees no need for a lot of back-and-forth negotiations. The 35-year-old outfielder is coming off a 40-homer season and has made \$64 million over the past five years. THE ASSOCIATED PRESS



SCOTTIES ALBERTA UTILIZING HOME-ICE ADVANTAGE

Alberta's Chelsea Carey got a 9-8 win over Northern Ontario at the Scotties Tournament of Hearts on Monday to remain the only unbeaten rink in the competition at 4-0 ahead of her match against Prince Edward Island in the evening draw. Go to metronews.ca for results. JONATHAN HAYWARD/THE CANADIAN PRESS

RECIPE Leek and Artichoke Frittata



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

- Salt and pepper
- 2 oz goat cheese crumbled

Directions

1. Preheat the oven to 350 F.
2. In a large, oven-proof skillet, warm up the olive oil over medium heat. Sauté the garlic and leeks until they soften, about 3 minutes. Now add the artichokes and stir.
3. In a large bowl, whisk together the eggs, Dijon mustard, and season with salt and pepper. Gently pour the eggs over the vegetables in the skillet. Sprinkle the goat cheese and scallions over top.
4. Carefully place the skillet in the oven and bake for 15 minutes, until the frittata is set. Serve with a green salad.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

Get your Tuesday going with a dinner of green eggs (but no ham, although, we guess you could add that!). We love the slightly salty hit of the goat cheese against the smooth eggs and artichokes.

Ready in

Prep time: 5 minutes
Total time: 20 minutes

Serves 4

Ingredients

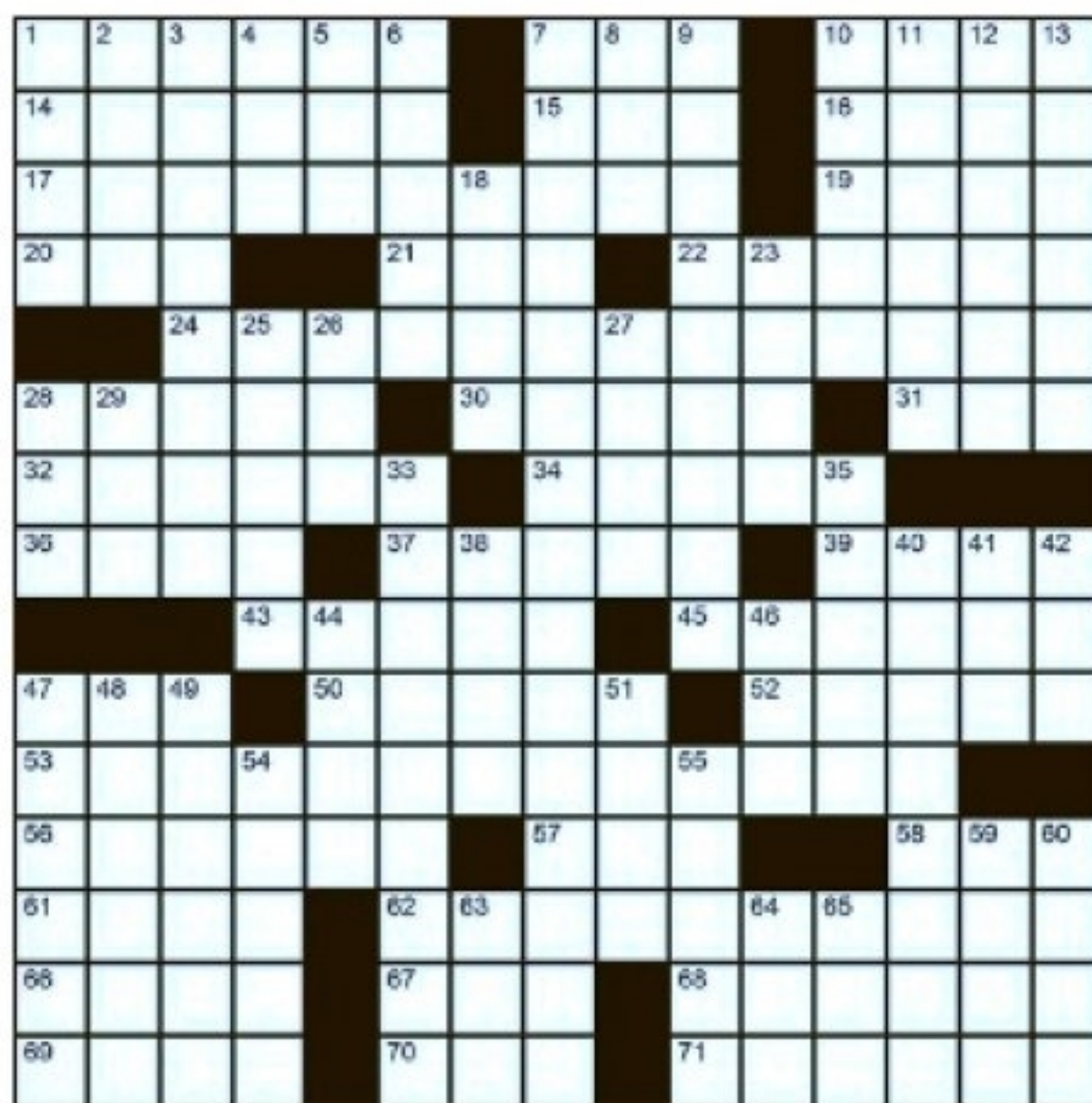
- 1 Tbsp olive oil
- 1 leek, washed thoroughly and sliced thinly
- 2 cloves garlic, minced
- 1 can of artichokes, drained (14 oz)
- 3 scallions, sliced
- 8 eggs
- 1 Tbsp Dijon mustard

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. The _ of the Shrew
7. Pen brand
10. Everly Brothers: "Let It _"
14. Prefix to 'phonic'
15. Tokyo, formerly
16. Malefic
17. 1957 to 1966 crime drama ...more at #24-Across: 2 wds.
19. Salami shop
20. Six: Italian
21. Mother goddess of Thebes
22. W.C.'s surname
24. On the American show at #17-Across, Canadian actor Raymond Burr starred in the title role as a what?: 2 wds.
28. _ pipe
30. Ms. Hatcher's
31. Firearms org.
32. Cling causer
34. Defeats
36. Morns opposites in verse
37. Hooting hatchling
39. Mr. Baldwin
43. Emmy-winning actress Ms. Woodard
45. 1981: "The Stroke" by Billy _
47. Periods beyond regular hrs.
50. Work _ _ (Masterpiece)
52. Video game pioneer
53. Canadian Cheddar might be a selection on one: 2 wds.



56. Cherry: French
57. WWII operation, _ Jima
58. Imaginary globe line, e.g.
61. Hand-me-down
62. Mailing services locale: 2 wds.

66. Wrinkle
67. Away
68. Purple flowers
69. Ivan's terrible gig
70. Olde-style contraction
71. 19th-century Pointillist painter

DOWN

1. Cutlery components, curtly
2. To _ (Exactly)
3. Tragically Hip's "At the Hundredth _"
4. Somehow flawed [abbr.]
5. Napoleonic Wars

6. Gum: French
7. Popular books often top them: 2 wds.
8. Nuptials vow: 2 wds.
9. Clashes
10. Cover with droplets

11. Singer, _ "Champagne" King
12. More balmy
13. Defence electronics firm of Israel
18. Uncle's wife
23. "May _ a question?"
25. _ _ hole in (Corrodes)
26. Bus. day
27. Buffalo's lake
28. Cattle disease, commonly
29. Path [abbr.]
33. Morning cup filler: 2 wds.
35. Lightly fry
38. Sandwich type
40. Jim Carrey comedy: 2 wds.
41. 'Musket' suffix
42. Heartfelt protest, _ de coeur
44. Team's setback
46. Q. "Is there a _ _ the end of the 'Avenue' musical?" A. "Yes."
47. Supernatural
48. Dissertation
49. Canadian songstress Ms. Ryder
51. "I _ I taw a puddy tat!" - Tweety Bird
54. Downy duck
55. Wrenches and drills
59. Medieval silk/gold fabric
60. Quiz
63. Arles affirmative
64. "Phooey!"
65. Winter bug

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You will have a hard time controlling your emotions. Be warned though: if you blow your top you may offend someone powerful. Whatever the issue, it's not the end of the world, so calm down.

Taurus April 21 - May 21
The more you tell others what to do today the more they'll do the opposite to spite you. Some people do not like to be directed. This is not the time to come on strong.

Gemini May 22 - June 21
You are trying so hard to please one person that someone else feels neglected. If you want both relationships to survive you are going to have to be more even-handed.

Cancer June 22 - July 23
You know from bitter experience that if you try to please everyone you end up pleasing no one, so aim to please the one person who truly matters — you. Your generosity will be taken for granted today so don't waste it.

Leo July 24 - Aug. 23
You won't see eye-to-eye with someone over a business or financial matter. Give the situation a bit more time and it will resolve itself.

Virgo Aug. 24 - Sept. 23
You may fear the worst over a partnership matter but you are being way too pessimistic. This is just a passing phase and by the end of the week you will be the best of friends again — and maybe more than friends too!

Libra Sept. 24 - Oct. 23
Changes in your working routine may not be to your liking but in the long-term they will work in your favour. Progress will come whether you want it to or not, so be smart and work with the forces of change.

Scorpio Oct. 24 - Nov. 22
No one has the right to tell you how to behave or how to manage your affairs. There is no point arguing with certain people, just get on and do what feels right to you.

Sagittarius Nov. 23 - Dec. 21
Jump to conclusions today and chances are they will be wrong. Wait before deciding if someone has let you down. Later you'll realize that you got the wrong end of the stick.

Capricorn Dec. 22 - Jan. 20
Get tough. Let whoever's giving you a hard time know you'll no longer stand there and take what they dish out. You're under no obligation to be nice to those who aren't nice to you.

Aquarius Jan. 21 - Feb. 19
Something needs to be brought into the open. Face up to what has come between you and a friend or family member and find ways to deal with it. There may be a few tears but it will all come right in the end.

Pisces Feb. 20 - March 20
Yesterday's full moon is still having an effect, not least by stirring up old rivalries. There may be a few harsh words today but you must not hold any grudges.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

7		4			8		3	
			1	7				4
2			3	9				
	3	9	5					2
	1	7		3		6	5	
6					9	4	7	
				2	1			7
3			8	5				
	7		6			2		5

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BIWEEKLY



Convenience
PKG

2015 TOYOTA HIGHLANDER LE AWD

STK#F209514

\$37,588

WAS \$40,989

\$231
BIWEEKLY



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Premium

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STK#F027846

\$37,488

WAS \$41,680

\$239
BIWEEKLY



Off Road
PKG

2016 TOYOTA TUNDRA DOUBLE CAB 4X4 TRD

STK#G523271

\$43,888

WAS \$49,523

\$265
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STK#F070121

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WAS \$25,475

\$22,888

\$141
BIWEEKLY

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2016 TOYOTA RAV4 LE AWD

STK#G430945

WAS \$29,295

\$27,988

\$169
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